



THE LET'S CHANGE INITIATIVE PLEDGE

THE ABC'S OF CHANGE

Commit to Healthy Activity and Nutrition Goals Every day

Whereas, The Let's CHANGE Community Partnership is committed to reducing obesity in Memphis and Shelby County and;

Whereas, The Let's CHANGE Community Partnership is committed to engendering a culture of healthy living via two key strategies: policy, environmental and system changes which create support for healthy activity and nutrition for all; and supporting community-based interventions and;

Whereas, The Let's CHANGE Community Partnership will engage the entire community toward healthy living until we have achieved meaningful change;

Now, therefore our organization commits to the ABC'S of CHANGE:

A - We will ensure that our organization provides access to healthy foods, snacks and meaningful physical activity for our constituents;

B - We will motivate and incentivize behaviors that promote proper nutrition and increased physical activity;

C - We will champion policy and environmental changes that make a healthy choice the easy choice;

S - We will commit our organizational resources to modifying systems to support healthy activity and nutrition.

Signed this _____ day of _____, 2015 in Memphis, Tennessee.

Signature

Address

Name (Please Print)

City, State, ZIP Code

Title

Phone

Company/ Agency

Email

Board Chair

Fax